

# Quantin Binnah

## Quarterly Newsletter

October to December 2024

### Message from our CEO

Welcome to our 16th and final quarterly newsletter for 2024. In this newsletter we are reporting on the 3rd quarter of 2024 as well as providing information on what is coming up in term 4!

There have been so many activities at QB during Term 3 in all programs to support Living Your Best Life through our QB monthly themes which I am sure you will see throughout the newsletter.

The themes for our focus in term 3 included:

- July - Respect, Tolerance, Inclusion and Identity
- August - Mindfulness and Spirituality
- September - Nourish and Grow

The upcoming themes for planning activities are:

- October - Movement and Activity
- November - Nature and Outdoors
- December - Summer Safety

We welcome your children's ideas for our activities for our themes in the Final Quarter of 2024. Their ideas, creativity and enthusiasm for learning drive and co-design our program and energise our team. We sincerely thank the children and families for their input and ideas.

This term we have been excited to have an emergency warning system installed which will enhance our safety protocols in the Centre. The children and staff have responded well, and we will be doing further drills with the new system during this next quarter to support our readiness in an emergency.

We are now well into the planning for 2025. Our 2024 Annual Report and 2025 Calendar featuring our theme "From Little Things Big Things Grow" will be launched at our Annual General Meeting (AGM) which will be held on Wednesday 23rd October at 61 Thames Boulevard. Thank you for our families who have submitted ideas for 2025... please keep your creative options coming to [admin@qbcc.org.au](mailto:admin@qbcc.org.au) as all ideas are appreciated.

Our AGM project team have been working hard on preparing for the evening and we are excited to announce our guest speaker will be Simon Dundon. Simon had a long association with Quantin Binnah Community Centre since moving to Werribee in 1994. Simon is the inaugural and current principal of St John the Apostle Catholic School, Tarnet.

In addition to our wonderful guest speaker and conducting the formal business of the AGM, we take the opportunity to celebrate the year.

To this end we are currently curating our themed film and slide show. Please watch out for the invitation for the event which was sent in September.

Every day, at QB we work to enhance our customer service and program delivery. We do listen to your feedback <https://www.owna.com.au/> on our Parent Platform or via our web site <https://www.qbcc.org.au/feedback>. Further to this goal and based on the feedback we have received; our leadership team have been working on our service entry pathways to look for ways of enhancing our community experiences and by reflecting on challenges which present themselves to find new and better systems. I am grateful to work with such a dedicated team who work so collaboratively and who are open to this reflection to support the service delivery.

We have been excited to welcome our new Volunteers' Co-Ordinator and English Tutor, Carol, during this last quarter. Carol is doing an amazing job welcoming and preparing our new volunteers for their contributions to QB.

Our community space continues to be a hive of activity! Thanks to the Community Team there always seems to be a fantastic range of activities for our families and community members of all ages provided by the Community Team and Creating Villages. More on all of that in this newsletter and please see <https://www.qbcc.org.au/community-groups> and <https://www.facebook.com/quantinbinnah> for more information.

Please be mindful and stay focused on safety and drive at the speed limit in the Car Park and thank you for NOT leaving your cars running when parked. Please also ensure you are watching out for each other. Also, please remember to watch again for litter which seems to fall out of cars in the drop off zones.

Thank you for keeping our wonderful community free of litter and Safe for everyone!

Yours Sincerely,  
Christine Barca  
CEO  
Quantin Binnah

### CHILD SAFETY

Quantin Binnah is a Child Safe Organisation. Please remember to keep children who are unwell at home.

### CAR PARK SAFETY

A reminder to please drive carefully in our car park. Please turn your engine off when parked and do not leave children alone in cars.



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### 2024 Term Dates

	Start Date	Finish Date
<b>Term 1</b>	30 <sup>th</sup> January	28 <sup>th</sup> March
<b>Term 2</b>	15 <sup>th</sup> April	28 <sup>th</sup> June
<b>Term 3</b>	15 <sup>th</sup> July	20 <sup>th</sup> September
<b>Term 4</b>	7 <sup>th</sup> October	19 <sup>th</sup> December to reopen for 2025 on Fri 3 <sup>rd</sup> Jan (Childcare) Mon 6 <sup>th</sup> Jan (Vac Care selected venues)

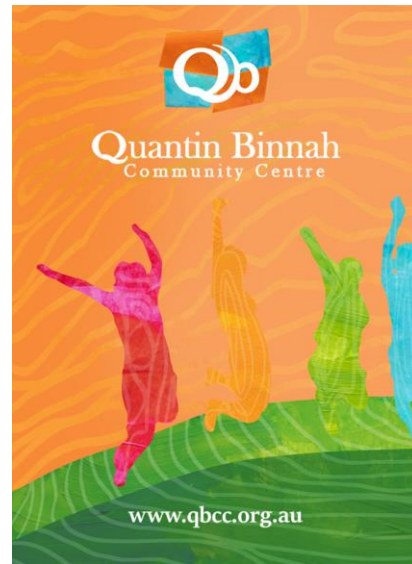
### Important Dates

October	November	December
4 <sup>th</sup> Vacation Care Term 3 End	1st Diwali Festival	3 <sup>rd</sup> International Day of People with Disability (DPWD)
4 <sup>th</sup> World Smile Day	5 <sup>th</sup> Melbourne Cup Public Holiday	20 <sup>th</sup> Term 4 End and Centre Close
7 <sup>th</sup> Term 4 Start	11 <sup>th</sup> Recycling Week	23 <sup>rd</sup> Clean Up Day (child free day)
10 <sup>th</sup> World Mental Health Day	11 <sup>th</sup> Remembrance Day	25 <sup>th</sup> Christmas Day Public Holiday
14 <sup>th</sup> Carers Week	13 <sup>th</sup> Applications Open Term 4 Vacation Care	26 <sup>th</sup> Boxing Day Public Holiday
20 <sup>th</sup> Children's Picnic Week	22 <sup>nd</sup> Kindergarten Parent Information Packs distributed	
21 <sup>st</sup> National Children's Week	27 <sup>th</sup> Board Meeting	
23 <sup>rd</sup> QB AGM	29 <sup>th</sup> White Ribbon Day	
23 <sup>rd</sup> Children's Day		
25 <sup>th</sup> National Bandanna Day		
27 <sup>th</sup> National Grandparents Day		

### Living Your Best Life!

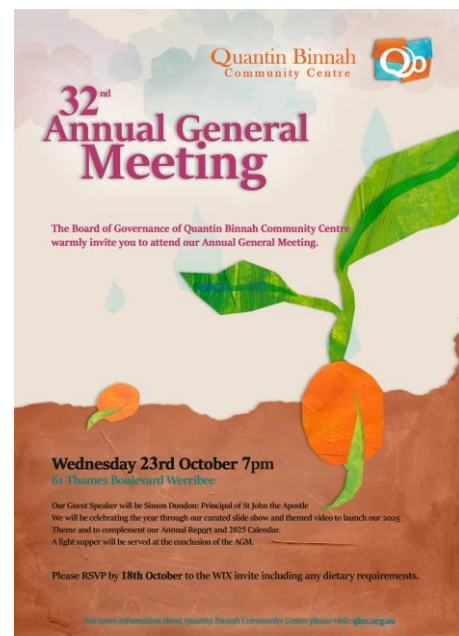
This year we're challenging our QB community to Live their best Life! We have created our Living Your Best Life activity books to support you, and your children explore our monthly themes.

Please visit our web site <https://www.qbcc.org.au/live-your-best-life> to find the booklets.



### Quantin Binnah Annual General Meeting

Quantin Binnah invites you to attend our AGM at 7:00pm on Wednesday 23<sup>rd</sup> October. Please RSVP via the website.





### Community Development Reflection

Have you been taking steps to LIVE YOUR BEST LIFE? Did you take some advice from “Raygun” and dance your way through the wild weather and super moons we had during Term 3? Have you completed a personal best and won your own individual gold medal? Remember that showing up and being the best version of yourself is in itself a win!!!

Our QB community practiced RESPECT, TOLERANCE, INCLUSION AND IDENTITY in Term 3 especially supporting our Homelessness Week initiatives including participating in our “Houses to Parliament” campaign building over 200+ origami houses to meet our target of 60,000 houses needed in Victoria to house the homeless. Our generous community members have also donated goods for the Homelessness Dignity Drive and supported those in need through our other programs Food Pantry, Fresh Food Collection and Community Connections. By supporting, including and acknowledging those in need you also practiced SPIRITUALITY, being concerned with the human spirit or soul as opposed to material or physical things, shifting your priorities allows you to embrace your spirituality in a more profound way.

During the week of R U OK? Day (12/9) we focused on our MINDFULNESS increasing our creativity and connection opportunities during Craft & High Tea, CraftABILITY, Home Schoolers and Wonder Women. Our MIND Wellbeing Group and BSL Connecting Carers groups focused on being mindful and practicing gratefulness.

Adult Learners Week and Wyndham Learning Festival saw us GROW our minds with interactive and specialized workshops including Basic Car Care and Managing Depression, Low Mood, Self Esteem & Confidence. We thank our external facilitators for delivering these workshops and Wyndham Community and Education Centre for coordinating the weeklong festival.

Café QB continue to NOURISH our bellies and GROW the self-esteem, skills and confidence of all volunteers working and learning in the cafe. The Home Schoolers Cooking Class learned to make new dishes to NOURISH themselves and their families. And our Community Fresh Food Collection allowed those requiring an extra hand to NOURISH themselves and their families.

Term 3 of 2024 continued to deliver popular Community Development Activities and Initiatives including:

### Community Development Reflection

Monday	Breakfast Club
	Café QB
	Creating Villages Craft
	Wyndham Parents Support Network
	Conversations with Florence
	Walks for Carers
	Connecting Carers
	Mind Wellness Group
	Chatty Cafe
Tuesday	Breakfast Club
	Café QB
	Storytime with JoJo
	Creating Villages Craft
	CraftABILITY
	Puppet Pals with JoJo
	Home Schoolers Social Club
	Crafternoon
Wednesday	Breakfast Club
	Café QB
	Creating Villages Craft
	OOey gOOey messy play
	Fresh Food Collection
	BINGO Move
	Scrabble Club
	Home Schoolers Cooking Class
	Crossroads Square Dancing
Thursday	Wonder Women
	Wyndham Women’s Sewing, Craft & Social Activities
	Knitting Group
Friday	Gen U Gardening Group
	English for Beginners
Saturday	Australian Crochet Club

Courses	ACFE English for Beginners
	ACFE Barista Essentials
	VVWSG Sewing for Life



### Community Development Reflection

Community Initiatives & Partnerships	Community Connectors
	Wyndham City Council
	MacKillop Family Services
	Bunnings
	Chatty Cafe
	Trish Simpson Music
	Wyndham Mum's & Mini's
	Wyndham Women's Support Group
	Foodbank - Food Pantry
	Neighbourhood Houses Vic
	Brotherhood of St. Laurence
	IPC Health
	Scrabble Victoria
Gen U	
Rapidflow Developments	

POP-UP EVENTS	Monthly High Tea & Craft
	Homelessness Week
	Wyndham Learning Festival
	Morning Melodies
	WCC Lunch with the Bunch
	R U OK? Day

Behind the scenes	Volunteer recruitment & management
	Policy development
	Statistics & Data
	Room hiring and community groups
	Grant submissions & acquittals
	Program planning & development
	Advertising and promotion
	Community events
	Professional development

As we come out of our winter slumber, we will look at ways to increase our MOVEMENT and ACTIVITY. Bingo Move is one of our most popular activities and encourages us to MOVE(ment), laugh, and coordinate our body and brain through exercise and coordination. Explore the Term 4 CDS Brochure to find an ACTIVITY that suits you or your family's needs. Can't find anything let us know so we can look at introducing something new in 2025. NATURE and the OUTDOORS call us as the days grow longer. We encourage you to explore the NATURE of your own backyard and take a walk along the Werribee River, just around the corner from QB. Join our Volunteer Team and help us look after QB's OUTDOORS.

### Community Development Reflection

As we prepare to wind up for 2024 and head into the new year, we will work on ways to be SUMMER SAFE(ty) and look after our social, emotional, physical and spiritual wellbeing. Join our Mind and/or Carers Wellbeing groups, create gifts in our craft activities to get in the festive spirit and visit our Fresh Food Community Collections to help ease financial pressures.



Our Volunteer Coordinator Carol has onboarded a number of new volunteers and is keen to meet you, have a chat, explore possibilities and assist those who are interested in Volunteering at QB. Carol is at QB on Wednesday's but can be contacted anytime on [volunteers@qbcc.org.au](mailto:volunteers@qbcc.org.au)

We will be opening our expressions of interest for 2025 room hire in October. If you are interested in hiring a space after hours at QB, get in touch to lodge your request and discuss your requirements. EOI can be emailed to [community@qbcc.org.au](mailto:community@qbcc.org.au)

For further information on Community Development activities and information please visit [www.qbcc.org.au/community-groups](http://www.qbcc.org.au/community-groups), like the QB Facebook page to receive posts and information about our Pop-Up Events or pick up a hard copy brochure in centre. To discuss anything in detail email [community@qbcc.org.au](mailto:community@qbcc.org.au) or call Emma or Penny on 9742 5040.

We encourage you to continue to pop into Café QB Monday to Wednesday and support this fantastic social initiative enterprise. Café QB is serviced by volunteers and is a not-for-profit training venue for people with disabilities and mental health issues to gain valuable experience. All purchases made at the café are reinvested into the menu and activities. We look forward to your ongoing support.





### Quantin Binnah Service Reflections

#### School Age Care Reflections

#### Newport Lakes

What a busy few months we have had at Newport Lakes Primary school. Winter was quick approaching, and the year has flown by. In July we focused on Respect Tolerance Inclusion and Identity, in August we focused on Mindfulness and Spirituality and in September we are currently focusing on Nourish and Grow.



This month specifically, it has been great to dive deep into 'nourish and grow' with the children and look at subjects beyond the normal, for example instead of focusing on growth as in 'flowers growing', we have focused on growth as in 'when we are older' this has been great way for the children to develop their identities within the program and enhance their social skills with their peers as they discuss their older selves. In October we are excited to explore Movement and Activity, then in November Nature and Outdoors while in December we look at all things Summer Safety and Christmas.



### School Age Care Reflections

#### Our Lady

The past three months the OLSC group have been exploring a wide range of fun and exciting activities that support the monthly themes. Some of the exciting things we have explored are:

We supported the Community Development team by getting involved in the "Houses at Parliament" campaign which links into the Mindfulness and Spirituality theme as creating the origami houses was extremely therapeutic.



The group of children have been exploring meditation, coming together in a group setting and taking a moment to relax and breathe.

The group have also been exploring the theme Nourish and Grow through planting experience and engaging in activities that focus on nature and growth.



The local police also came to our service for a visit learning about safety, respect and inclusion.







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### School Age Care Reflections St Leo

This term has been amazing for St Leo children. The monthly themes were loved by everyone and they all enjoyed the activities which were offered. Lots of activities were initiated by the children especially roll plays which they love performing and lots of sports games and competitions.



We all did lots of arts and craft and messy activities which is another favourite. We have spent lot of time outdoors at the end of winter as it was beautiful weather and children are always excited to be outside and explore. Children celebrated few special days like friendship day, Father's Day, science week & book week by doing different activities. This term has been great and everyone was very enthusiastic about the activities and all the fun.



### School Age Care Reflections St John

During the month of July here at St John we worked on Identity by drawing our families, our culture and what is very well known about each different culture including the flag or flags. The children expressed this by talking and drawing what their culture is about and their favourite food to eat, what they do during the celebrations and a little more about them. Some children even did some free drawing of their hands or their face. We also read a book called the Rainbow Fish on the big screen.



In August we focused a lot on mindfulness and meditation. We read some Mindfulness books and did lots of outdoor exercise, drawing and talking about our emotions.



In September the children have been gardening outdoors near the chicken cage during school hours. When we are outdoors during after care hours a lot of the children like to go over to the chickens and feed them the things they have planted into the veggie patches during school.





### School Age Care Reflections Quantin Binnah

At Quantin Binnah, we started our July month with Term 3 Vacation care which had various Excursion and Incursion days like Barefoot Lawn Bowling, Inflatable World, Village Cinemas, Zumba Incursion, Kids Digz playcentre, Bath bombs Incursion where children got to make the bath bombs and take them home, Toon world Incursion where children made stop and go animated videos which were very fun and exciting to watch. We also celebrated Pyjama Day where we got to see both educators and children dressed up in their favourite PJs.



We had NAIDOC week activities like Dot Painting Aboriginal Animals using cotton tips, Aboriginal and Torres strait Islander Flag painting and Colouring sheets, Boomerang Painting, we read the stories during group time about the Rainbow Serpent, we made Craft stick Yarn dolls using Wool and craft sticks. We had lot of group time with children about this month's theme Respect, Tolerance, Inclusion and Identity. We also made Thank you cards for our Educators and special persons for taking care of us .



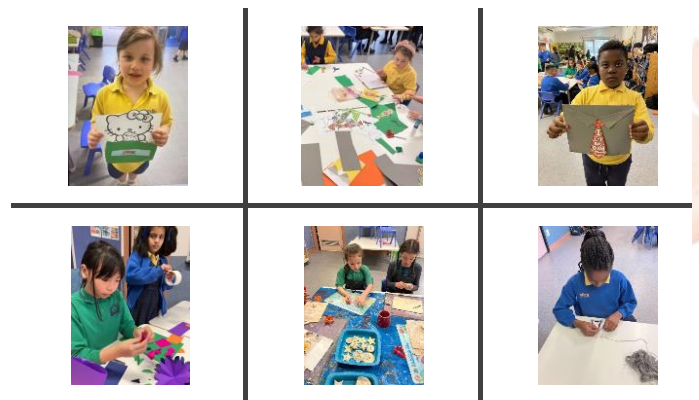
For the Month of August, our theme was Mindfulness and Spirituality, Children loved doing calming activities and mindfulness yoga and music especially when we had bad weather days where the outdoor area could not be utilised. we made some mindfulness craft activities like Worry dolls, monster Blow painting which was a calming activity, woven wool wall hanging decoration and paper plate Dream catchers.

### School Age Care Reflections Quantin Binnah

We also organised lot of outdoor games when weather permitted as children were enjoying watching Olympic games, we made Olympic medals using air clay. We celebrated Aboriginal and Torres strait Islander Children's Day by making Handprint posters. We had Science week this month where we watched science-based documentaries and did the popular Coca-Cola and mentos science experiment.



For the month of September , we started by making Father's Day/Special Person's Day Greeting card, children were very excited to make cards and take it home for their Special person. Children read some books, did a word search on International Literacy week .We will be hosting a clean-up activity on the National Clean-up Day which falls on the 16th of September.





### School Age Care Reflections St Martin

In July, we focused on the theme of respect, inclusion, and identity. The children participated in creating collaborative posters with messages like “Scatter Kindness” and “Blooming with Respect.” We discussed each term within the theme, and the children shared their ideas by writing them on the posters.

We also started a knitting project using recycled paper towel rolls to craft moulds. The children chose to make either beanies or scarves. This activity was very popular, and the children worked on their knitting projects throughout the winter season.



In August, our activities centred around mindfulness and spirituality. The children engaged in various activities, including collage art, cloud watching and drawing, making stress balls, creating mindful sticks, sensory jars, meditation, and yoga.

We also incorporated Olympic-themed experiences, Book Week activities, and Father’s Day crafts. For Olympic Week, the children enjoyed making torches, medals, painting Olympic rings, and participating in a long jump competition. They loved being involved in sports.

During Book Week, the children shared their favourite books and participated in activities like making their own books, creating magic wands, and designing bookmarks. For Father’s Day, we planned crafts such as photo frames, superhero puppets, and Father’s Day cards. For many of these activities, we used recycled and natural materials to help the children appreciate the value of easily available resources and their multiple uses.

### School Age Care Reflections St Martin



For the month of September, we focused on ‘Nourish and Grow’ theme. Nourishing and growing can be applied to various aspects of life involving personal development. We believe that it is a continuous process of improvement and positive development. So we focused on nourishing the mind, developing skills, nourishing relationships, nourishing body, nourishing the earth and growing together. We discussed with children, and they suggested activities like decorating rice cakes with vegetables, clay creations, friendship bracelets, growing plants, face masks using homemade ingredients.





### Childcare Reflections

For this month's theme we have been working on self-regulation. We have been discussing emotions with the children and how they make us feel and how to identify them.

We spoke to the children about respecting other people's feelings and what we can do if we see someone experiencing different emotions



We have set up a calm corner for the children to have a quiet space to play, reflect and just be without the distraction of noise. We have also added fidget toys and soft toys for children to regulate their emotions.

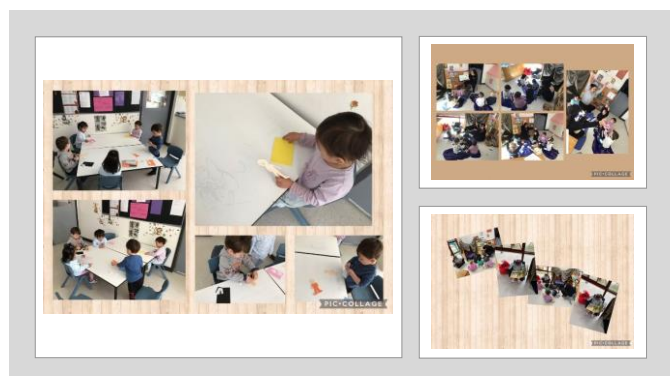
We asked the children to name some emotions:

"Happy"-Rishan

"Sad"-Swayde

"Hungry"-Rishan

Focusing on this month's theme in the possum room, we set up two areas for the children to relax and learn the contemplation skill of mindfulness. The calm corner and the book corner were introduced to help the children unwind. The calm corner with tent, soft toys, cushions and gentle lighting, became a peaceful retreat where children practiced their deep breathing and having their own moments. Children really enjoyed moments of quiet reflection, learning to settle and manage their emotions.



### Childcare Reflections

Near to this, we set up a book corner with cozy nook, little sofas, cushions and bookshelves arranged with their favourite books. Children nestled into their favourite spots and got into the stories, adding another learning space for them to explore and engaged in their everyday routine. Together, these two corners created a learning sanctuary for relaxation and mindfulness for the children.



To nourish and grow, children must feel at home in their environment and have a strong connection with their community, peers, and educators. Our focus this month is on teaching children how to learn about and become familiar with their community. Each week, we take the Koala children on a community walk and stop at the nearby park for them to play and run around.





### Childcare Reflections

As our monthly theme for the month of August is Mindfulness and spirituality, we took advantage of the beautiful weather and the babies took their nap outside, while try to connect with the outdoor environment by listening to the birds and watching the leaves and clouds moving with the wind. It brought a wonderful calmness among the children, and they all slept well in the fresh air.



In the Nursery we also celebrate Book Week and Science Week. We read the children's favorite books during group time, and they dressed up as their favorite book characters.



For Science Week children explored and engaged in some basic science experiences that explored all the senses, used their thinking skills, to imagine and further explore their sensory awareness. Some examples of this were taste and texture of our herbs, sinking and floating, colour mixing and making banana peel fertilizer which we used for our herb garden.



### Childcare Reflections

QB's monthly theme for July was Respect, Tolerance, Inclusion and Identity. We incorporated this theme to explore deeper into how we can teach and understand more about our First Nations Peoples and naturally embed this understanding into our program

We delved straight into exploring all things Naidoc week with many different activities. Our lemon myrtle damper was one of the favourite activities along with exploring the symbols with sand art and using natural materials collected from the land with play dough, and of course anything that involves paint and getting messy. The children were learning about the colours of the flags. Some are too young to grasp the understanding, nevertheless it is still important to learn about for future understanding.



We also learnt about that our homes are made up of many different family units this led the children to create their own family portraits and discussing who lives at their house.

We have also been learning about being kind to one another and respecting personal space and encouraging the children's awareness of asking if they can cuddle them or help them with something. This led to an experience of planting to explore how we can care for other living things and encourage the children to be a part of the growth of plants and observe their changes.







### 4 Yr. Kindergarten Reflections

Flat Stanley project: Our Flat Stanley project has brought so much learning within our programs. We have discovered how flat Stanley “got flat”, about how flat Stanley got to his different destinations, the different size envelopes and stamps and not to mention the different places he has travelled. So far, he has been on an exciting journey.



Emotions: We have been playing games with the children to help them recognise and identify emotions; games such as covering our face with a piece of paper or small blanket and then slowly lower it down to reveal your face showing an emotion. The children then guess that emotion. We also sing songs about different emotions; “When you’re happy and you know it...”, with variations like “When you’re worried/sad/curious and you know it...” familiar songs like “Row, row, row your boat...” with various emotional expressions – sad, impatient, angry and so on.



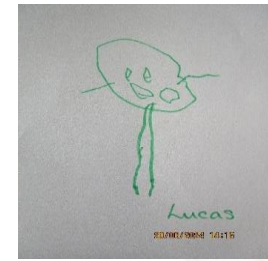
Happy

Surprised

Angry

Self-portraits: We understand as teachers and educators that a self-portrait allows children to see how they change as they grow. Like everyone, children are changing all the time both year to year and day to day. Regular self-portraits allow children to document that change and help them to understand it. We love seeing how the children identify themselves and watch them grow with their literacy skills.

### 4 Yr. Kindergarten Reflections



Breathwork exercises for children: Breathing exercises can help young children by:

- Relaxing the body
- Refocusing the mind
- Reducing stress and anxiety
- Lowering heart rate
- Increasing the body's oxygen levels, which can have calming effects

Taking deep, deliberate breaths can calm children physically and mentally. Deep breathing techniques activate the parasympathetic nervous system (part of the nervous system that controls reactions to stress), as well as redirect the mind to a simple task, distracting from anxious thoughts. We practice this so the children that come to us, when we notice that they are anxious, angry or sad, we can support them through this.



Gardening and cooking: When children grow their own food, they learn about a fundamental principle: what sustains life on earth. Edible gardening promotes both respect for the environment and children's own responsibility for good health. When children take part in growing fresh foods, they are more willing to try them through our cooking program at kinder.





### Playgroup Reflections

At the start of term 3, we focused on theme-based activities. In celebration, we commenced International Yoga Day, Pyjama Day, Father's Day, Teddy Bear Picnic, Book Week, and Science Week activities.

This term we enjoyed different experiences through the indoor and outdoor spaces. Children became strong in their social and emotional well-being and developed a range of skills and processes such as problem-solving, inquiry, experimentation, hypothesizing, researching, and investigating. All these activities were a success and the "bring your cultural food and book week celebration @ playgroup" was the highlight of the term!

At the beginning of term, we celebrated Reconciliation Week. It was so lovely to see many children wearing yellow to represent Indigenous Children's Education



We celebrated International Yoga Day We had an instructor take the children for a session of Yoga. The children did their best to follow the instructor.



Dental clinic: at the playgroup, children had a dental education visit in a mini dental clinic which was set up inside. The dentist explained to the children about healthy food, nutritious food, and sometimes food. Children were curious about their dental check-ups, and they showed great interest in showing their teeth to the dentist. By exploring dental check-ups, dentists helped the children begin to understand the importance of caring for themselves. They also began to learn about the people in the community who help with dental care.

### Playgroup Reflections



Celebration time : This term we hosted a Pyjama Day (Bring a plate day) & Teddy Bear Picnic Day and engaged in many teddy bear activities such as cutting and pasting, decorating their teddy bear biscuits, and dancing to their favourite song.



This year at playgroup we celebrated Book Week with JoJo. What an exciting and wonderful Book Week it was with JoJo! We loved seeing children dressed up as their favourite characters and telling others who they were. We had many storytelling sessions where JOJO read books and sang songs with the children.







### 3 Yr. Kindergarten Reflections

#### Respect Tolerance Inclusion and Identity

During our group time, we had a brief but meaningful discussion with the children about the concept of identity and what makes each of us unique. We explored the theme by encouraging the children to share their thoughts on their individual strengths, interests, and special qualities. Through this discussion, we aimed to foster a sense of self-awareness and appreciation for diversity among the children. Then, we set up an activity in which the children created a portrait of themselves using everyday materials.



#### Mindfulness and Spirituality

Focusing on mindfulness and spirituality. To introduce these themes, we held brief discussions with the children to explore the meaning of mindfulness and spirituality and their significance to us. Following the conversations, we proceeded with group activities and a calming breathing exercise, which the children enthusiastically participated in and successfully completed. In addition, we created a variety of engaging activities in the room, which were not only educational but also enjoyable for the children.

We also celebrated Science Week, we immersed ourselves in many captivating activities centred around the wonders of science. Our activities ranged from the hands-on experience to the creative expression found in ice-cube painting



### 3 Yr. Kindergarten Reflections

#### Nourish and Grow

The children planted mung beans and cannot wait to see them grow!



#### Celebrating Book Week

Children came into Kinder dressed up as their favourite characters and eagerly told us what character they had dressed as.

We also had a storytelling session where we read different books to the children. Children need to develop an interest in books from an early age as it enriches their imagination and helps them develop vital language and literacy skills and also improves cognitive skills to higher levels of performance at school.



#### Father's/ Special Person Day

Children celebrated Father's Day with their beloved family members. The rooms were adorned with a variety of engaging and entertaining activities, creating an atmosphere of excitement and anticipation. Children and their loved ones enthusiastically participated in many activities such as cutting and pasting, creating personalised Father's Day cards, and fostering meaningful moments and cherished memories.



### PROGRAM ACTIVITIES

#### QUANTIN BINNAH OPERATES SERVICES AT THE FOLLOWING SITES:

- Quantin Binnah 61 Thames Boulevard Werribee- 4-Year-Old Kinder, 3-Year-Old Kinder, Playgroup, Childcare, School Age Care, Vacation Care and Community Programs
- Woodville 82 Woodville Park Drive Hoppers Crossing – Childcare, 4-Year-Old Kinder and 3-Year-Old Kinder
- Corpus Christi P.S. 29 Russell Street Werribee – School Age Care and Vacation Care
- Our Lady of the Southern Cross P.S. Howqua Way Wyndhamvale – School Age Care
- St John the Apostle P.S. 76 Kingbird Avenue Tarneit – School Age Care
- St Martin de Porres 25 Bellin Street P.S. Laverton – School Age Care
- St Leo the Great P.S. 389 Mason Street Altona- School Age Care and Vacation Care
- Newport Lakes Elizabeth Streets P.S. Newport – School Age Care and Vacation Care



Our services will be running the following activities and more.  
Please see your OWNA Parent App for regular updates about what’s happening during the year.

	October Movement and Activity	November Nature and Outdoors	December Summer Safety
4 Yr. Kindergarten	<ul style="list-style-type: none"> <li>Sports day.</li> <li>Obstacle courses.</li> </ul>	<ul style="list-style-type: none"> <li>Exploring for spring bugs.</li> <li>Flying kites that we made.</li> </ul>	<ul style="list-style-type: none"> <li>Holiday road safety.</li> <li>Water play and water safety.</li> </ul>
3 Yr. Kindergarten / Playgroup	<ul style="list-style-type: none"> <li>Morning exercise</li> <li>Outdoor games</li> </ul>	<ul style="list-style-type: none"> <li>Creating and pasting activities using nature</li> <li>Learning about the caterpillar cycle</li> </ul>	<ul style="list-style-type: none"> <li>Water play</li> <li>Water save incursion</li> <li>Creating a beach theme</li> </ul>
Community Development	<p>Please see the Program Brochure on our website <a href="https://www.qbcc.org.au/community-groups">https://www.qbcc.org.au/community-groups</a></p>	<p>Please see the Program Brochure on our website <a href="https://www.qbcc.org.au/community-groups">https://www.qbcc.org.au/community-groups</a></p>	<p>Please see the Program Brochure on our website <a href="https://www.qbcc.org.au/community-groups">https://www.qbcc.org.au/community-groups</a></p>
School Age Care	<ul style="list-style-type: none"> <li>A fun filled dance party</li> <li>Basketball Match</li> <li>Dancing session</li> <li>Dodge Ball</li> <li>Just dance</li> <li>Music and videos for movement</li> <li>Yoga</li> <li>Games group or individual e.g.- Simon says, Hopscotch, dance party, outdoor tag</li> </ul>	<ul style="list-style-type: none"> <li>Outdoor craft activity using natural materials from outside</li> <li>Paint with natural material</li> <li>Nature Scavenger hunt</li> <li>Cricket Match</li> <li>Bug hunting</li> <li>Rock painting art</li> <li>Leaf painting with spray bottles or painting over the leaves with a paint brush</li> <li>Nature books and videos of our beautiful counties</li> <li>Lots of outdoor play, games and activities and Exercise</li> </ul>	<ul style="list-style-type: none"> <li>Water play activities</li> <li>Summer safety posters/ displays</li> <li>Sun Painting</li> <li>Draw beautiful flowers</li> <li>Hats and sunscreen daily</li> <li>Discussion and videos on summer and the importance of safety</li> <li>Colouring in pages for Summer</li> <li>Painting</li> <li>Water play</li> <li>Ice cube activities</li> </ul>

